

## SURAH INSHIRAH

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

1 **؟your breast**صَدْرَكَ**for you**لَكَ**We expanded**نَشْرَحُ**Have not**أَلَمْ

2 **your burden**وَوَضَعْنَا**And We removed**عَنكَ**from you**وَوَزَرَكَ**weighed upon**ظَهْرَكَ**,your back**الَّذِي

3 **,your back**وَوَزَرَكَ**weighed upon**ظَهْرَكَ**,your back**الَّذِي

4 **.your esteem**ذِكْرَكَ**for you**لَكَ**And We raised high**وَرَفَعْنَا

5 **.is ease**يُسْرًا**the hardship**الْعُسْرَ**with**مَعَ**,So indeed**فَإِنَّ

6 **.is ease**يُسْرًا**the hardship**الْعُسْرَ**with**مَعَ**,Indeed**إِنَّ

7 **.then stand up**فَإِذَا**So when**فَرَعْتَ**,you are free**فَأَنْصَبْ**.then stand up**فَإِذَا

8 **.turn your attention**فَأَرْغَبْ**your Lord**رَبِّكَ**And to**وَالِإِلَى

